

Dinner Entrees

Pan Seared Scallops

Served with Wild Mushroom Risotto,
asparagus and Garnished

With garlic and chive oil \$28.95

Baked Salmon

With forbidden rice, asparagus and fruit
salsa \$27.95

Chilean Sea Bass

Chorizo sausage, broccoli rabe, calamari
and Yukon potato puree \$30.95

Blackened Tuna

With tomato, garlic, basil and feta served
with wasabi and Ponzu sauce \$28.95

The famous Crab Cakes

99% Lump Crabmeat, Lightly Baked, Served
With a Mango Remoulade \$27.95

Seafood Au Gratin

Succulent Shrimp, Scallops and Fresh Crab
Topped With Béchamel Cheese And Fresh
Bread Crumbs, Baked Golden Brown \$29.95

Fisherman Wharf

Shrimp, Scallops, Clam Casino, Crab Cake,
Fish Du jour, Baked With Lemon, Garlic and
White Wine \$31.95

The Land and Sea

Center Cut 8 oz Filet Paired With Our 99%
Lump Crab Cake \$38.95

Filet Mignon

Grilled Center cut 8 oz filet accompanied
with asparagus, baby carrots, bok choy and
Yukon purée \$32.95

Filet Neptune

Center Cut 8 oz Filet, Topped With Sautéed
Crab, Shrimp and Asparagus Tips \$34.95

New York Strip

Grilled New York strip 14 oz accompanied
with asparagus, baby carrots, bok choy and
Yukon purée \$29.95

New York Bleu

Grilled New York Strip 14 oz, Topped With
Crumbled Bleu Cheese and Garnished With
a Mélange of Mushrooms \$29.95

Veal Mediterranean

Sautéed with Artichokes, Kalamata Olives,
Capers, Tomato and Feta Cheese
Topped With Lemon Butter \$27.95

Chicken and Crab

French cut chicken breast topped with lump
crab in a light cream sauce, served with
asparagus, baby carrots, bok choy and
Yukon purée \$31.95

Chicken and Shrimp

Sautéed Shrimp and Chicken in a Sundried
White Wine Tomato Cream Sauce \$29.95

Penne Marinara

Fresh Tomato, Mozzarella, Basil, With a
Touch of Marinara \$19.95

With *Shrimp* add \$8.95, *Chicken* add \$6.95

Shrimp and Scallops

Sautéed Succulent Shrimp and Scallops with
Roasted Red Peppers and Broccoli in a Light
Locatelli Cream Sauce over Jumbo Cheese
Ravioli \$31.95

Linguini with Clams

Sautéed with Wine, Garlic, Roasted Red
Peppers over Linguini \$17.95

The Ocean

Clams, Mussels, Shrimp, Scallops, Calamari
and Crab in a Light Tomato Broth,
Mild or With a *Kick* over Linguini \$32.95

TO GO MENU

**Free Delivery Available
Beach Haven Area**



www.carmenslbi.com

**122 North Bay Ave
Beach Haven, NJ 08008
609-848-9650
Fax 609-798-4621**

**Beach Casual Dining
Reservations Recommended
Most major credit cards accepted
Let us cater your special event**

Appetizers

Shrimp Cocktail \$12.95

Clams on the ½ shell \$7.95

Calamari

Lightly Seasoned & Flash Fried
served with Marinara Sauce

\$11.95

Clams or Mussels

Steamed White, Red Sauce or Fra Diablo

\$11.95

Crab Cake

99% Lump Crab baked golden brown &
served with Homemade Mango sauce

\$11.95

House Made Guacamole

Served with Fresh Tortilla's

\$9.95

Bruschetta

Tomato, Garlic, Fresh Basil, Olive Oil & Red
Onion Served on Toast Points

\$8.95

Hummus

With Diced Cucumbers, Tomatoes, Onion &
Kalamata Olives Served with Pita Points

\$8.95

Fried Mozzarella

Breaded & served with Marinara Sauce

\$11.95

Fresh Mozzarella

Wrapped in prosciutto and garnished with
Tomato, Garlic & Basil

\$13.95

Beef Carpaccio

Thinly sliced Filet with Extra Virgin olive oil,
mushroom salad, fried capers and a touch
of aged balsamic reduction \$13.95

Soup

Red Pepper Bisque

Roasted with basil oil

\$6.50

Sweet Onion

Sweet Creamed Onions garnished with wild
mushrooms, parmesan chip and chive oil

\$6.50

Fresh Salads

Traditional Caesar

Romaine Lettuce, Shredded Parmesan
Cheese, House Made Caesar Dressing With

Croutons

\$9.95

Mediterranean Chopped Salad

Romaine Lettuce, Feta Cheese, Kalamata
Olives, Tomato, Red Onion Served With

Dill Dressing

\$11.95

The Wedge

Iceberg Lettuce, Smoked Bacon, Diced
Tomato Served With House Made

Bleu Cheese Dressing

\$10.95

Roasted Beet Salad

Fresh roasted red and yellow beets, red
onion, tomato, bleu cheese and walnuts
tossed with our citrus vinaigrette

\$11.95

***Add a Crab Cake \$8.95 , Grilled Chicken
\$5.95 or Grilled Shrimp \$7.95 to any salad***

Side of Fries \$3.50

Soda \$2.00 *Bottled Water* \$1.50

WRAPS

BLT \$8.95

Roasted Turkey, BLT \$10.75

Buffalo Chicken

Spiced Chicken Tenders with Bleu Cheese,
Lettuce and Tomato \$9.75

Vegetarian

Roasted Red Pepper, grilled red Onions,
Tomato, Guacamole With Basil Oil \$11.75

Roast Beef ala Carmen's

Roast Beef, Fresh Mozzarella, Roasted
Peppers with Basil horseradish sauce

\$12.75

Burger

½ Lb with Lettuce, Tomato, Onion \$11.95
Add Bacon, Mushrooms, Roasted Peppers,
Frizzled Onions, Avocado, Gouda, Monterey
or Bleu Cheese \$.50 each

Sandwiches

Chicken Delight

Grilled Chicken Breast Topped With
Avocado, Gouda Cheese and Baby Greens
\$11.95

Chipotle Chicken

Grilled Chicken, With Caramelized Onions,
Monterey Jack Cheese, Lettuce, Tomato
Served With Chipotle Sauce \$11.95

Cheese Steak

Grilled Filet Tip with Mushrooms &
Caramelized Onions, Topped With
mozzarella Cheese Served on a Garlic Roll
\$12.95

Crab Cake Sandwich

99% Lump Crab Cake With Baby Greens,
Tomato and Mango Remoulade \$13.95

Above comes with chips